



Cancer Survivorship Care Plan

www.ohiocancercontrol.org

This Survivorship Care Plan is a summary of the basic information about your cancer diagnosis, treatment and follow-up care. You can use this form to help you keep track of this information and to share with other health care providers in the future. Your health care team can help you complete this form. Visit www.ohiocancercontrol.org for a copy of the Cancer Survivorship Resource Guide.

Name: _____ Date of Birth: _____

Diagnosis (type of cancer): _____ Stage _____ Grade _____

Date of Initial Diagnosis: _____ Lymph Node Involvement: _____

Genetic Testing _____ Other _____

Types of Treatment (check all that apply):

Surgery Chemotherapy Radiation Therapy Hormonal Therapy

Surgery

Date	Type of Surgery	Surgeon	Hospital or Treatment Center
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Chemotherapy

Medical Oncologist: _____

Hospital or Treatment Center _____

List of Chemotherapy Drugs:

Radiation Therapy

Radiation Oncologist _____

Hospital or Treatment Center _____

Radiation Fields and Total Exposure _____

Hormonal Therapy (Tamoxifen, Anastrozole, etc) – please describe _____

Clinical Trial Participation: _____

Recommended Follow-Up

Please discuss this list with your health care team. It is especially important for cancer survivors to have regular health maintenance appointments with your primary care physician.

Cancer Screening Recommendations:

- Colonoscopy
- Mammogram
- PAP/Pelvic exam
- Prostate Specific Antigen (PSA)
- Last Exam Completed _____
- Recommended Follow-up Schedule _____

Health Maintenance Recommendations:

- Diet
- Exercise
- Osteoporosis prevention and screening (DXA scan)
- Skin cancer prevention
- Smoking cessation
- Echocardiogram (as recommended)
- Vaccines: _____

Identified Concerns:

- Depression/anxiety
- Employment, health insurance, finances
- Fatigue
- Fertility
- Limitation of Daily Activities
- Lymphedema
- Weight Gain/Loss
- Genetic risk
- Marital/partner/family relationships
- Sexuality
- Other

Referrals:

- Genetic Counseling
- Pain Management
- Physical Therapy
- Psychology/Psychiatry
- Social Work/Social Services
- Wound Center
- Complementary Medicine (acupuncture, reiki, massage, etc.)
- Other